



## RETURN TO PLAYING GUIDANCE

### **Introduction**

To enable the club to continue to operate in a safe environment with the protection of our members of utmost importance, we have published this document which sets out our guidelines and must be adhered to at all times.

This is a new guidance document which reflects the Government Announcement that Stage 4 of the roadmap will commence with effect from 19<sup>th</sup> July 2021. This guidance supersedes any previous information or documentation.

Stage 4 confirms that there will be no set restrictions on how many people can take part in volleyball sessions and that all forms of volleyball can take place without set restrictions.

Volleyball England has, however, provided a recommended guidance which they suggest members follow in order to provide a safe environment for the sport to take place.

We confirm that the club will be following these guidelines which are outlined below. We have provided the coaching team with the appropriate risk assessments which they will follow to enable the sessions to be ran in a safe environment.

The overriding purpose of the contents of this document and the accompanying risk assessments are to ensure that we protect the health and wellbeing of all our members.

As a registered charity which is ran by trustees and supported by other volunteers it is imperative that we get the support from all members and their parents/guardians to enable us to succeed in this regard.

We require that all members (or parents/guardians of junior members) read these guidelines as part of their agreement to becoming a member. New players may attend one session as a trial but then must be registered with the club to take part in subsequent sessions.

Any failure to comply with the guidelines will result in cancellation of membership without any refund of fees.



## Summer Sessions

The club has now entered the Summer Training programme which is outlined below for ease:

The poster is titled "SUMMER TRAINING" in large blue letters. At the top left, a dark blue banner reads "19th JULY - 3rd SEPT" and "SCHEDULE". In the center is the club's logo, which includes "Newcastle Staffs Volleyball Club" and "Est. 1980". Below the logo, there are four dark blue boxes with white text, arranged in a 2x2 grid. The bottom of the poster features a light blue banner with the text "All sessions at Madeley".

|                            |                                     |
|----------------------------|-------------------------------------|
| MONDAY<br>Ladies NVL 6-8pm | MONDAY<br>Men 1 Super League 8-10pm |
| WEDNESDAY<br>Social 6-8pm  | FRIDAY<br>Men 2 NVL 6.30-8.30pm     |

All sessions at Madeley

As all sessions are now adult team sessions there is no requirement for players to have to 'opt in' but attending players will assume to agree to adhere to the guidelines.

### Club Covid Officer

The club has appointed Richard Guest, trustee, as the overall Covid Officer for Newcastle Staffs Volleyball Club.

Richard will have overall responsibility to ensure the club has appropriate measures in place for a safe return to playing.

He will provide appropriate training and guidance to all people identified as Team/Session Covid Officers – see below.



Only people who have received the training will be authorised to supervise training sessions or matches.

Any concerns that cannot be resolved by individual team/session covid officers should be escalated either via email [Richard.Guest@uk.rsagroup.com](mailto:Richard.Guest@uk.rsagroup.com) or phone 07920 710 794.

### **Team/Session Covid Officers**

The following individuals have been nominated as Team/Session Covid Officers:

#### **MONDAY**

- 18:00-20:00 - Madeley – National League Womens – Keeley Guest / Richard Guest
- 20:00-22:00 – Madeley – National League Mens 1 – Sam Stevenson / Rich James

#### **WEDNESDAY**

- 18.00 – 20.00 – Madeley – Club Social – Els Drijfhout, Falko Drijfhout

#### **FRIDAY**

- 18:30-20:30 - Madeley - National League Mens 2 – Mark Speake

We request that you respect the role of the Team/Session Covid Officer and adhere to their decisions and requests at all times.

Their role is to ensure the safety of all personnel involved in that session and any member who fails to participate safely will be removed from the session and may have their membership cancelled.

### **Self-Isolation**

If you, or anyone in your household, meets one of the following criteria you must not attend training sessions or matches either as a player, coach or supporter:

- Has a high temperature, a new persistent cough and a loss of smell or taste. [Follow the guidance on self-isolation.](#)
- Is a vulnerable person
  - By virtue of their age
  - Underlying health conditions
  - Clinical condition or are pregnant.
  - Is living with someone in self-isolation or a vulnerable person.
  - Been told to self-isolate by the NHS Track and Trace teams.



In the event a member is unable to attend training or matches due to one of these reasons they should advise their own Team/Session Covid Officer and also email Richard Guest at [Richard.guest@uk.rsagroup.com](mailto:Richard.guest@uk.rsagroup.com).

Any information provided will be handled in a sensitive and confidential manner.

### **Track and Trace**

At the start of each training session or match the Team/Session Covid Officer will make a record of all attendees together with a contact telephone number.

The club will provide record sheets to be completed which should then be photographed and emailed to Richard Guest at [Richard.guest@uk.rsagroup.com](mailto:Richard.guest@uk.rsagroup.com).

We will retain copies of these records for a period of 21 days.

### **Training Sessions**

A training session cannot be carried out unless there is a trained Team/Session Covid Officer present for its entire duration.

The session will take place in compliance with any specific venue guidelines (which will be published on the website when received)

In order to train players **must** bring:

- Water Bottle
- Sweat Towel
- Sanitizer
- Sufficient number of changes of training kit to minimise sweating and contact of sweat with the floor.

Exit doors should be open during sessions to maximise ventilation.

It is the responsibility of the individuals to not attend training should they meet any of the criteria outlined in the **Self Isolation** section above.

The Team/Session Covid Officer is entitled to assume that anyone who attends training is safe and healthy to do so.

Training sessions will take place having regard to the overriding risk assessments put in place which cover all potential activities – see appendix.

It will be the responsibility of the Team/Session Covid Officer to ensure that all activities during training comply with the risk assessments.



When setting up and taking down equipment, players will ensure that they sanitise their hands before and after these are completed.

Balls will be cleaned every 30 minutes during training sessions.

At the same break we request all players sanitise their own hands.

In the event the floor becomes wet through sweat, the player responsible will clean the floor with their own towel and then sanitise their own hands.

If a member of the training group develops a high temperature, a persistent cough or loses the sense of taste or smell while participating, they must also:

- Ensure Team/Session Covid Officer is informed
- Avoid touching anything
- Cough or sneeze into a tissue and put in a bin, or if they do not have tissues, cough and sneeze into crook of their elbow.
- They must then follow the [guidance on self-isolation](#) and not return to training until their period of self-isolation has been completed.

The Team/Session Covid Officer will advise Richard Guest via email by the end of the next working day.

### **Competitive Matches during Training or Social Sessions**

Where a competitive match is organised during a training or social session then the following additional rules will apply:

- Congratulatory touches are not permitted.
- No handshakes are required with officials or opposition
- Each player should sanitise hands between each set and in any time-out and before eating or drinking.
- Players should be encouraged not to touch their face, mouth, nose or eyes.
- Shouting should be discouraged.
- Balls are wiped between each set.
- Officials should wear face coverings where possible.
- Officials should use a handheld or electronic whistle only (and not whistle with their fingers or use a mouth whistle).
- Officials should avoid all contact with the ball after checking the pressure (and should sanitise their hands after these checks are completed).
- The official should remind players before each match to avoid handshakes and congratulatory touches and to ensure they (and any scorer) wash and sanitize their hands in-between sets

### **Travel to Training, tournaments and matches:**

Players and team personnel should follow government guidelines for travel to and from venues.



Richard Guest

NSVC Covid Officer - Dated 18<sup>th</sup> July 2021